DISC CENTERS of AMERICA™ SARASOTA

7 Reasons Why You Should Avoid Epidural Spinal Injections

1. **Epidural injections for damaged spinal discs or pain management are NOT FDA APPROVED.** (We are not talking about delivering a baby here). We are talking about the pain of sciatica, stenosis, arthritis, degeneration, bulging and herniated discs.
2. **They have not been proven safe or effective for that purpose. This is why they are NOT FDA APPROVED.** Yet many doctors are still advising this risky unproven approach to you as a solution to your problem. The fact is these injections are not designed to help your spine, your discs, or your pain. It is termed in the drug industry as "off label" use. How does that sit with you? Where I come from "off label" means false or fake! Is that really the answer you are looking for or deserve?
3. **Epidural injections are destructive and dangerous to your health. This is why they are NOT FDA APPROVED**. They simply do more damage to your health than they would like you to believe. Especially if you use them more than once. Even a single injection will cause you permanent bone loss (osteoporosis) and increase your chances of a future spinal fracture by 21%. Is that worth the risk?
4. **Plus, the additional dangers they do not want you to know about. This is why they are NOT FDA APPROVED:** Weight gain, cataracts, auto immune disorders, infections, elevated blood sugar levels, damage to blood vessels, bleeding, dura puncture, nerve damage, paralysis, stroke and even the possibility of death (which has happened many times). Is this what you asked for? Are you looking to make things worse for yourself? Don't you deserve better?
5. **Epidural Injections were never created to treat the CAUSE of your disc problems, pain or inflammation. This is why they are NOT FDA APPROVED.** Treating your pain or your inflammation does not treat WHY you have your pain or inflammation. It is the same as having a rock in your shoe causing you pain and inflammation, and all you do is inject your foot with anti-inflammatories and pain meds…but leave the rock there to keep causing your pain and inflammation to persist and get worse. Does that make sense to you? Now you see why this epidural injection approach only adds more problems for you, and why the FDA will NOT approve these for your spine, your discs, or your pain.
6. **Epidural Injections may lead you to spinal surgery. This is why they are NOT FDA APPROVED.** When you keep treating your pain with dangerous and ineffective epidural injections, it only allows your conditions to get worse, which leads to the recommendation for spinal surgery. Everyone you know that had back or neck surgery had epidural injections first, and it was a failed promise that made things worse for them, which moved them right into surgery. This is the same surgery you are probably facing if you are hoping and relying on these epidural injections to work for you. So, if they did not work for millions of people before you, why do you believe they would suddenly work for you? Failed back surgery is a big problem and failure leaves clues. Do not be another failed statistic. You deserve better than that!
7. **The Industrial Medical Complex (Corporate Medicine) has an agenda…and it is not your agenda unless you want drugs, injections, and surgery for life. This is why they are NOT FDA APPROVED.** Are you really interested in making the largest, most corrupt mega corporations on the planet richer, while your quality of life continues to deteriorate? I do not think so. In fact, I know you want answers and you want to get better…. So, decide today and stop the medical insanity you are trapped in. There is a drugless, non-surgical option and I can help!!